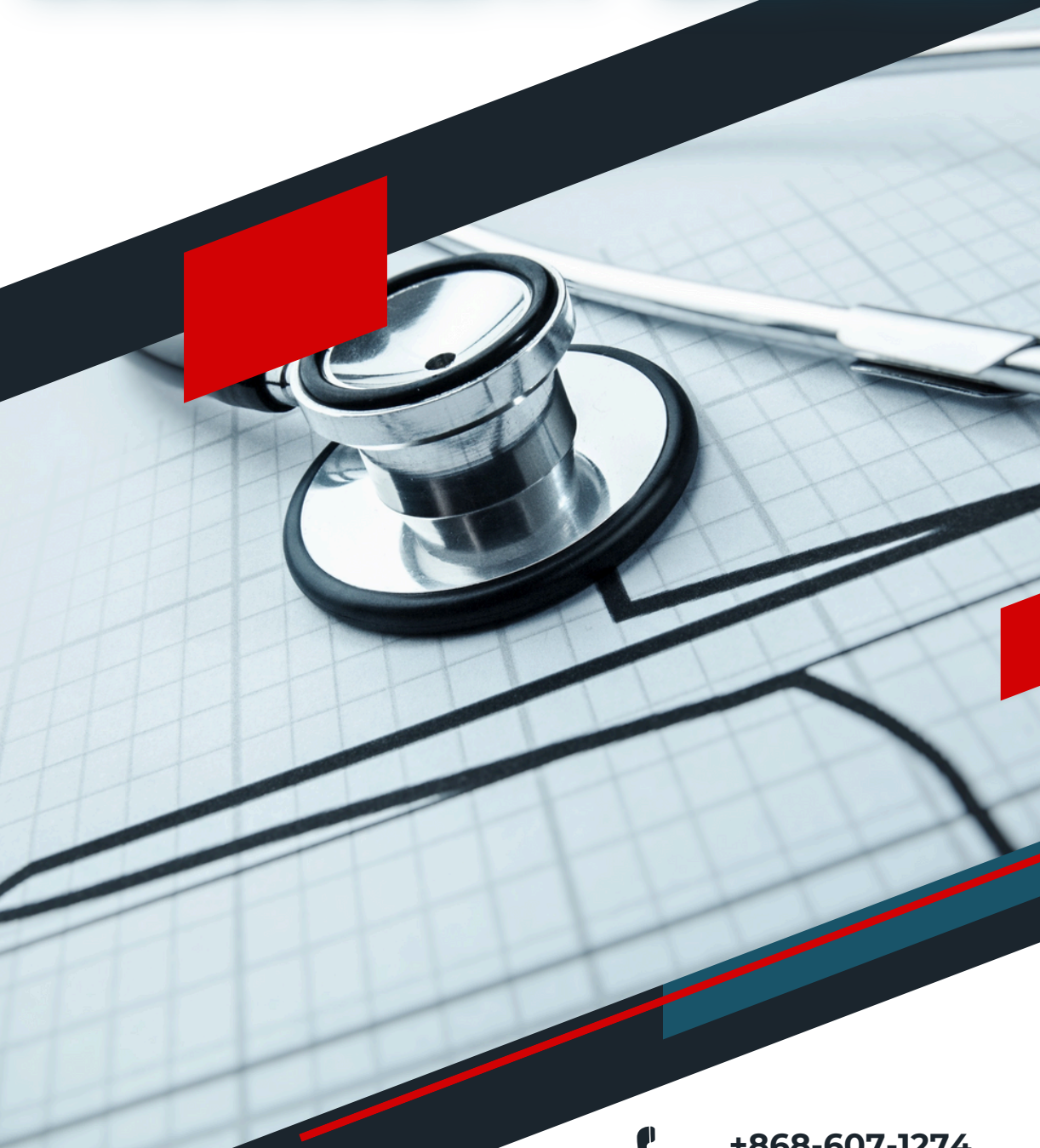


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GROUP HEALTH PLAN

Preferred Provider Organisation

# DIGITIZED DISCOUNT DIRECTORY



**APRIL 2024**



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## TOUCH NAVIGATION

ALL SOCIAL MEDIA ICONS, PHONE NUMBERS, AND LOCATION PINS ARE CLICKABLE.

E.G:     

TABLE OF CONTENTS IS ALSO FULLY INTERACTABLE FOR YOU TO SEEMLESSLY NAVIGATE TO WHAT YOU SEEK. JUST CLICK ON WHERE YOU WANT TO GO.

WE HAVE ALSO INSERTED THIS ICON  AT THE BOTTOM LEFT OF EACH PAGE SO YOU CAN JUMP BACK TO THE TABLE OF CONTENTS AT ANY TIME.

## INTRODUCING OUR PRIME PROVIDERS

OUR EXCLUSIVE LIST OF VERIFIED AND TRUSTED PROVIDERS. PRIME PROVIDERS HAVE UNIMED'S STAMP OF APPROVAL. THIS CAREFULLY CURATED LIST SAYS THAT WE HAVE VERIFIED THE PRODUCTS AND SERVICES OF THIS PROVIDER AND HAVE DETERMINED THEM TO BE A CUT ABOVE THE REST. EXPERIENCE ENHANCED CONVENIENCE AND AFFORDABILITY WITH OUR TRUSTED PRIME PROVIDERS. DON'T MISS OUT ON EXCLUSIVE DISCOUNTS AND SUBSTANTIAL SAVINGS.



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CHAGUANAS 227-5150

# TRINIDAD

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# TRINIDAD NORTH PROVIDERS:

## DENTAL CARE

### SMILE WORKS DENTAL CLINIC

SUITE 103 PRECISION PLACE, 43-45 WOODFORD ST, PORT-OF-SPAIN 

[622-6893](tel:622-6893)

- 10% ON EXAMS, RADIOGRAPHS, 7% SCALING AND POLISHING & FILLINGS, 5% ON ROOT CANALS TREATMENT & ACRYLIC DENTURES



### PEARLY WHITES DENTAL CLINIC

#18 PICTON ST, NEWTON, PORT-OF-SPAIN.

[298-0580](tel:298-0580) / [628-2329](tel:628-2329)

- 20% OFF EXAMS, 10% OFF DENTAL SERVICES

## MEDICAL CARE

### HEALTHNET CARIBBEAN - MARAVAL

#8 SADDLE RD, MARAVAL 

[285-4640](tel:285-4640) / [5642](tel:5642)

\$200 PER DOCTOR VISIT



### DOCTORS SPECIALIST CENTRE

#7 WEST CHRISTINA COURT, MARAVAL

[221-0657](tel:221-0657)

- 5% OFF ALL SERVICES



# TRINIDAD NORTH PROVIDERS:

## WHITE SCIENCE T&T

#29 ST CLAIR AVE, PORT-OF-SPAIN.

[350-0965](tel:350-0965)

- 5% OFF FIRST TIME VISIT

## MEDICAL SUPPLIES AND EQUIPMENT

### TRIOUS MEDICAL SALES AND SERVICES

GRAND BAZAAR SHOPPING MALL, VALSAYN

[499-4222](tel:499-4222) / [610-3628](tel:610-3628)

- 10% OFF CASH, 7% OFF DEBIT CARD, SPECIAL DISCOUNT FOR MEDICAL/PHARMACY STUDENTS

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SANITIZERS. GERMICIDES.  
MASSAGERS. HEATING PADS.  
PILLOWS/CUSHIONS. WRIST  
SPLINTS. ARM SLINGS.etc..



## MEDICAL LABS

### CENTRAL MEDICAL LAB/ MEDAC CLINIC

#102 FREDERICK ST, PORT-OF-SPAIN

[623-1394](tel:623-1394) / [625-6603](tel:625-6603)

- 10% >= \$500, 15% > \$550, 20% > \$1000

# TRINIDAD NORTH PROVIDERS:

## ULTRASOUND TODAY

SHOP #6, EL SOCORRO SHOPPING VLG, SAN JUAN.

[327-5465](tel:327-5465)

- *5% OFF ALL REFERRED ULTRASOUNDS, DOPPLERS AND ECGS. NOT APPLICABLE TO 3D/4D ULTRASOUND.*

## OPTICAL CARE

### CARTER'S OPTICAL

#45 ELLERSLIE PLAZA, MARAVAL.

[622-7975](tel:622-7975)

- *15% OFF SPECTACLES, 10% SUNGLASSES, 5% CONTACTS*

### CHOICE OPTICAL LTD

#43-45 FREDERICK ST., PORT-OF-SPAIN

[624-6126](tel:624-6126)

- *10% OFF FRAMES & 10% OFF LENSES*

### OPTICS PLUS

PLAZA ESPERMARIA, #27 CHARLOTTE ST, PORT-OF-SPAIN

[623-3040](tel:623-3040) / [675-5049](tel:675-5049) / [622-9833](tel:622-9833)

- *10% ON FRAMES AND LENSES*

### FORSIGHT VISION CENTRE LTD

#60-62 FREDERICK ST, PORT-OF-SPAIN

[624-6206](tel:624-6206) / [772-7563](tel:772-7563)

- *10% OFF ALL UNDISCOUNTED GLASSES*

### OPTOMETRISTS TODAY

FREDRICK STREET 1B OPTICS HOUSE, 76A FREDERICK ST. PORT-OF-SPAIN

[623-2329](tel:623-2329)

- *20% OFF FULL SPECTACLES*

# TRINIDAD

## NORTH PROVIDERS:

### NORTH SHORE OPTICAL

#201 ALDEGONDA PARK, ST. ANN'S RD, PORT-OF-SPAIN. 

[621-2331](tel:621-2331)

- 15% OFF ANY FRAME & LENSES, NOT INCLUDING ALREADY DISCOUNTED ITEMS OR PACKAGES



### PARILLON OPTICAL

#134A FREDERICK ST, PORT-OF-SPAIN.

[623-4137](tel:623-4137)

- 5% OFF 6-MONTHS SUPPLY OF CONTACTS, 15% OFF COMPLETE SPECTACLES

### OPTOMETRISTS TODAY

GRAND BAZAAR MALL CHURCHILL ROOSEVELT HIGHWAY, VALSAYN

[645-2329](tel:645-2329)

- 20% OFF FULL SPECTACLES



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## PHARMACIES

### ALI'S PHARMACY

#76 CHARLOTTE STREET, PORT-OF SPAIN

[636-6960](tel:636-6960)

- 2.5% ON SELECT ITEMS

# TRINIDAD

## NORTH PROVIDERS:

### **PENNYMED**

#87 CHAROLTTE ST, PORT-OF-SPAIN

[219-5578](tel:219-5578)

- *3% ON SELECT ITEMS*

### **PERSONAL CARE PHARMACY**

#72 ARANGUEZ MAIN RD, SAN JUAN.

[638-2889](tel:638-2889)

- *5% OFF STORE WIDE (FEW EXCEPTIONS APPLY) JOIN OUR LOYALTY PROGRAMME & GET 1% BACK ON ALL PURCHASES.*

## HOUSEHOLD

### **RELIABLE APPLIANCE PARTS AND SERVICE LTD – SAN JUAN**

#150 LOWER BOUNDARY RD, SAN JUAN.

[638-4754](tel:638-4754)

- *10% DISCOUNT ON APPLIANCE PARTS AND REPAIRS, 5% DISCOUNT ON LARGE AND SMALL APPLIANCES.*

# TRINIDAD SOUTH PROVIDERS

## DENTAL CARE

### **LIFETIME SMILES DENTAL CLINIC**

#114 HIGH ST, PRINCESS TOWN.

#5 PENAL ROCK RD, PENAL JUNCTION, PENAL.

[220-2002](#) / [70-SMILE](#) / [77-SMILE](#) / [22-SMILE](#)

- *50% OFF EXAMINATION & CONSULTATION, 25% OFF X-RAYS/RADIOGRAPHS, 5% OFF FILLINGS, 10% OFF PROFESSIONAL TEETH WHITENING, 10% OFF INVISALIGN CONSULTATION, 10% OFF 3D SCANS, 15% OFF CONE BEAM CT SCANS.*

### **GENTLE DENTISTRY & IMPLANT CENTRE LTD**

#6 DICK ST, LES EFFORT, SAN FERNANDO

[228-6725](#)

- *50% OFF EXAMS, 25% OFF X-RAYS, (NOT INCLUSIVE OF PANO) 5% OFF BASIC RESTORATIVE, NOT INCLUSIVE OF SPECIALITY SERVICES*

### **IDENTAL HOUSE LTD**

#14 CLARKE RD. JUNCTION, PENAL

[647-4785](#)

- *10% OFF TOTAL COST, INCLUSIVE OF ALL PROCEDURES.*



## MEDICAL CARE

### **ISD HEALTH SOLUTIONS**

UNIT A2 TWIN WALLS, #69 SOUTH TRUNK RD, LA ROMAINE.

[279-0202](#)

- *10% OFF ALL HOME SLEEP TESTS AND APAP THERAPY DEVICES AND SUPPLIES.*

# TRINIDAD SOUTH PROVIDERS

## LA PIQUE PLAZA DENTAL CENTRE

#6-8 COFFEE ST, SAN FERNANDO. 

[657-7111](tel:657-7111)

- 10% OFF DENTAL PROCEDURES



## HEALTHNET CARIBBEAN - SAN FERNANDO/ SOUTH COAST

#37-39 PRINCESS MARGARET ST, SAN FERNANDO. 

[285-7262](tel:285-7262) / [5642](tel:5642)

- \$200 PER DOCTOR VISIT



## STAR LAB SOLUTIONS

#79 SOUTHER MAIN ROAD MARABELLA.

[274-5503](tel:274-5503)

- 20% DISCOUNT ON EACH CLIENT REQUIRING OUR SERVICES.

## DR. FIDEL S. RAMPERSAD

THE SURGI-MED CLINIC CO. LTD, COR. CHACON & PENITENCE ST, SAN FERNANDO.

[709-6881](tel:709-6881) / [712-1263](tel:712-1263)

- 10% OFF ALL SERVICES

## GULF VIEW MEDICAL CENTRE

#715-716 MC CONNIE ST, GULF VIEW LINK RD, LA ROMAIN, SAN FERNANDO.

[652-7102](tel:652-7102) EXT 303

- 10% ON XRAY, ULTRASOUND, LAB TESTS, & CT SCANS

## PRINCES TOWN MEDICAL LIMITED

#26 NAPARIMA MAYARO ROAD, PRINCESS TOWN.

[749-6355](tel:749-6355) / [218-7865](tel:218-7865)

- 5% OFF TOTAL VISIT

# TRINIDAD SOUTH PROVIDERS

## MEDICAL SUPPLIES AND EQUIPMENT

### **TRIOUS MEDICAL SALES AND SERVICES**

#22 DUMFRIES RD, LA ROMAIN, SAN FERNANDO



[221-4955](tel:221-4955) / [770-4204](tel:770-4204) / [866-0026\(TOLL FREE\)](tel:866-0026)

- *10% OFF CASH, 7% OFF DEBIT CARD, SPECIAL DISCOUNT FOR MEDICAL/PHARMACY STUDENTS*



## MEDICAL LABS

### **ADVANTAGE LAB SERVICES LTD. (ALSL)**

#66 GORDON ST, SAN FERNANDO

[653-6993](tel:653-6993) / [290-3211](tel:290-3211)

- *15% OFF ALL LAB DIAGNOSTIC TESTS*

### **GASPARILLO DIAGNOSTIC CENTRE**

#7 HARMONY HALL RD, GASPARILLO

[650-8722](tel:650-8722) / [326-1101](tel:326-1101)

- *10% OFF ALL SERVICES*

### **PLATINUM MEDICAL LABORATORY SERVICES**

#1048 SS ERIN ROAD, DEBE.

#1 GRELL ST, SIPARIA.

[345-5570](tel:345-5570) / [640-7745](tel:640-7745)

- *10% OFF BLOOD URINE AND STOOL TESTS*

### **SOUTHERN MRI LTD.**

#101 CIRCULAR ORAD, SAN FERNANDO

[226-4MRI](tel:226-4MRI) ([4674](tel:4674))

- *10% OFF ALL SERVICES*

# TRINIDAD SOUTH PROVIDERS

## **TRUE-DAT DIAGNOSTICS**

125 FIFTH AVENUE, MAHARAJ LANDS, MARABELLA

[295-5647](tel:295-5647)

- 10% OFF INITIAL ASSESSMENTS, 5% OFF HOME & OFFICE VISITS, 10% OFF SLEEP APNEA DIAGNOSTICS TESTING.



## **OPTICAL CARE**

### **CHOICE OPTICAL LTD**

51-53 HIGH STREET, SAN FERNANDO.

[624-6126](tel:624-6126)

- 10% OFF FRAMES & 10% OFF LENSES

### **FERREIRA OPTICAL**

LA ROMAIN, 2ND FLOOR, NEW NORTH TOWER, GULF CITY MALL

[623-4054](tel:623-4054) / [7328](tel:7328)

- 15% OFF ALL EYEWEAR

### **RASHMI MATHUR OPTICAL**

BLOCK A, LEVEL 1, ATLANTIC PLAZA, POINT LISAS.

[679-7877](tel:679-7877)

- 10% OFF FRAMES

### **OPTOMETRISTS TODAY**

C3 CENTRE, #31 CORINTH ROAD, SAN FERNANDO

GULF CITY MALL, LEVEL 1, LA ROMAIN

[652-2329](tel:652-2329)

[657-2329](tel:657-2329)

- 20% OFF FULL SPECTACLES

### **EYE ASSIST OPTICAL LTD**



DABIEDIAL ROAD, PENNA

488-4071 / 294-5195

- 10% OF DESIGNER FRAMES AND 5% OF LENS
- FREE BLOOD GLUCOSE TESTING REQUIRED
- COMPLIMENTARY CATARACT & GLAUCOMA SCREENING AFTER THE YEAR OF PURCHASE
- COMPLIMENTARY GLASSES CLEANING EVERY 6 MONTHS.





# TRINIDAD SOUTH PROVIDERS

## AUTOMOTIVE

### **AUTO SMASH REPAIRS AND CAR CARE LTD**

#11 PLEASANTVILLE AVE, SAN FERNANDO.

[657-1433](tel:657-1433) / [680-0872](tel:680-0872)

- *10% OFF AUTO BODY WORK, PAINTING & DETAILING SERVICES. (NOT APPLICABLE TO INSURANCE JOBS AND PAINTOVERS)*

## HOUSEHOLD

### **RELIABLE APPLIANCE PARTS AND SERVICE LTD – SAN FERNANDO**

#9 CIPERO ST, SAN FERNANDO

[657-4374](tel:657-4374)

- *10% DISCOUNT ON APPLIANCE PARTS AND REPAIRS, 5% DISCOUNT ON LARGE AND SMALL APPLIANCES.*

# TRINIDAD EAST PROVIDERS

## HOSPITAL

### **MEDICAL ASSOCIATES:**

ABERCROMBY ST, ST. JOSEPH.

[662-3256](tel:662-3256)

- *5% OFF SERVICES*

## DENTAL CARE

### **DENTAL EXCELLENCE**

#39 STELLA ST, CUREPE

[468-2219](tel:468-2219) / [230-1178](tel:230-1178)

- *15% OFF EXAMS AND CLEANINGS, 20% OFF RESTORATIONS (FILLINGS)*

### **INFINITY DENTAL CARE**

#11 EMR, CUREPE

[235-4568](tel:235-4568)

- *10% OFF CLEANINGS AND FILLINGS*

### **PERMADENT DENTAL CLINIC**

#45B SORZANO ST, ARIMA.

[221-0598](tel:221-0598) / [769-2004](tel:769-2004)

- *10% OFF DENTAL CLEANINGS, 5% OFF DENTAL CHECKUP WITH 2 XRAYS, 10% OFF DENTAL FILLINGS WITH 2 OR MORE DONE PER VISIT.*

### **CLEAN WHITE TEETH DENTISRTY**

#32 EMR, ST. AUGUSTINE

[754-7289](tel:754-7289) / [730-8891](tel:730-8891)

- *10% OFF ALL SERVICES.*

### **DENTISTT**

#133 EASTERN MAIN ROAD TACARIGUA. 

[232-9749](tel:232-9749)

- *FREE EXAMS, \$500 OFF DENTURES, FREE FLUORIDE TREATMENT WITH CLEANINGS, \$500 OFF ROOTCANAL TREATMENT AND CROWNS. (APPLICABLE TO PFM CROWNS ONLY)*



# TRINIDAD EAST PROVIDERS

## MEDICAL CARE

### WHITE MAX

3RD FLOOR, ASKOS BLDG, EMR, ST. JOSEPH.

[221-1712](tel:221-1712)

- 20% OFF ON WEDNESDAYS, 10% ON OTHER DAYS

### HEALTH CARE AT YOUR DOOR

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[724-5929](tel:724-5929)

- 10% ON ALL SERVICES

### HEALTHNET CARIBBEAN - BARATARIA

#147 EASTERN MAIN ROAD, BARATARIA 

[285-4642](tel:285-4642) / [5642](tel:5642)

- \$200 PER DOCTOR VISIT



### HEALTHNET CARIBBEAN - TACARIGUA

#22 EASTERN MAIN ROAD, TACARIGUA 

[221-6715](tel:221-6715) / [285-5642](tel:285-5642)

- \$200 PER DOCTOR VISIT



### CARIBBEAN HEART CARE MEDCORP

ERIC WILLIAMS MEDICAL SCIENCES COMPLEX, MOUNT HOPE.

[645-1712](tel:645-1712)

- 5% OFF SERVICES

### CROISEE MEDICAL CLINIC & DIAGNOSTIC CENTRE

#32 EMR, SAN JUAN

[229-2633](tel:229-2633) / [350-5087](tel:350-5087)

- 50% DOCTOR CONSULTATIONS/MEDICAL EXAMS, 30% ECG/ULTRASOUND/BLOOD TEST, 20% URINE DRUG TEST.

# TRINIDAD EAST PROVIDERS

## REIGN MEDICAL CLINIC

HENRY PIERRE TERRACE, EASTERN MAIN ROAD, ST. AUGUSTINE

[665-5137](tel:665-5137)

- 20% OFF HAEMODIALYSIS TREATMENT



## DR. SHAIK ALLA BAKSHU

#76 EMR, SAN JUAN, UPSTAIRS KADMINS PHARMACY.

[665-5137](tel:665-5137)

- 10% OFF ALL SERVICES

## HYATT MEDICAL CENTRE

#76 EMR, SAN JUAN.

[674-2928](tel:674-2928)

- 10% OFF LAB SERVICES

## ST. AUGUSTINE HEART CENTRE

#8 AUSTIN ST, ST. AUGUSTINE

[662-7645](tel:662-7645) / [395-0977](tel:395-0977)

- 10% OFF ALL SERVICES

## INTELLIMED CLINIC

78 EASTERN MAIN ROAD, D'ABADIE



[743-0871](tel:743-0871) / [232-7516](tel:232-7516)

- FAMILY PHYSICIAN VISIT \$200.00
- ECG \$150 (50% DISCOUNTED)
- BLOOD TESTS 5% DISCOUNT

# TRINIDAD

## EAST PROVIDERS

### MEDICAL SUPPLIES AND EQUIPMENT

#### **A.A. LAQUIS:**

COR. CHURCHILL-ROOSEVELT HIGHWAY & TISSUE DRIVE, TRINCITY.

[640-2482](tel:640-2482)

- *10% OFF ALL SERVICES*

### MEDICAL LABS

#### **VERDURE HEALTH SOLUTIONS LTD**

\*HOUSE CALLS AVAILABLE IN EAST TRINIDAD\*

[782-3277](tel:782-3277)

- *20% OFF ALL BLOOD AND URINE TESTS.*
  - *10% OFF HOUSE CALLS - INCLUDING BLOOD AND ACG.*
- (DOES NOT APPLY TO SPECIAL OFFERS.)*

#### **HAEMA TEC MEDICAL LABORATORIES**

#863 EMR, GUAICO JUNCTION, SANGRE GRANDE.

[668-4000](tel:668-4000)

- *10% OFF ALL SERVICES*

#### **PLATINUM MEDICAL LABORATORY SERVICES**

#43 E.M.R, AROUCA.

[345-5570](tel:345-5570) / [640-7745](tel:640-7745)

- *10% OFF BLOOD URINE AND STOOL TESTS*

# TRINIDAD EAST PROVIDERS

## OPTICAL CARE

### **CHOICE OPTICAL LTD**

JADOO'S PLAZA, ARIMA.

[624-6126](tel:624-6126)

- *10% OFF FRAMES & 10% OFF LENSES*

### **FERREIRA OPTICAL LTD**

SHOPS OF ARIMA, TUMPUNA RD, ARIMA.

[623-4054](tel:623-4054) / [7328](tel:7328)

- *15% OFF ALL EYEWEAR*

### **OPTICS PLUS**

#58 EMR, SAN JUAN

[623-3040](tel:623-3040) / [675-5049](tel:675-5049) / [622-9833](tel:622-9833)

- *10% ON FRAMES AND LENSES*

### **OPTOMETRISTS TODAY**

ARIMA, 31 QUEEN STREET.

TRINCITY MALL, TRINCITY CENTRAL ROAD, TRINCITY.

EAST GATES MALL, TRINCITY CENTRAL ROAD, TRINCITY

- *20% OFF FULL SPECTACLES*

[667-2329](tel:667-2329)

[640-2329](tel:640-2329)

[390-2329](tel:390-2329)

### **VISUAL EYES**

SOUTHERN MAIN RD, CUREPE.

[662-3937](tel:662-3937)

- *10% OFF ALL PRODUCTS*

### **SKYLIMIT OPTICIANS**

#4 RAILWAY RD, ARIMA

[496-9559](tel:496-9559)

- *15% OFF COMPLETE SPECTACLES, 10% OFF LENSES ONLY*

# TRINIDAD EAST PROVIDERS

## PHARMACIES

### **ALI'S PHARMACY**

GRAND BAZAAR

[645-6960](tel:645-6960)

VALPARK SHOPPING PLAZA

[662-6960](tel:662-6960)

- *2.5% ON SELECT-ITEMS*

### **VITA DRUGS**

#104 EL SOCORRO, SAN JUAN.

[674-9435](tel:674-9435)

- *5% OFF ALL PRODUCTS*

### **NORTH GATE PHARMACY**

#289 FOSTER RD, SANGRE GRANDE.

[221-7609](tel:221-7609)

- *5% ON ALL DRUGS*

## HOUSEHOLD

### **RELIABLE APPLIANCE PARTS AND SERVICE LTD – ARIMA/ST. AUGUSTINE:**

#32F PRO QUEEN ST, ARIMA

[664-0111](tel:664-0111)

#107 E.M.R, ST. AUGUSTINE

[645-9526](tel:645-9526)

- *10% DISCOUNT ON APPLIANCE PARTS AND REPAIRS, 5% DISCOUNT ON LARGE AND SMALL APPLIANCES.*

# TRINIDAD EAST PROVIDERS

## HOUSEHOLD

### **G3 HARDWARE AND HOME CENTRE LIMITED:**

LOTS 44 & 35, TUMPUNA(SOUTH),

ARIMA

[643-4858](tel:643-4858) / [338-1900](tel:338-1900)

- *25% OFF DELIVERY FOR REGULAR RETAIL PURCHASES.*
- *50% OFF BUY NOW PAY LATER DELIVERIES.*
- *FREE DELIVERIES FOR ALL CORPORATE & B2B PURCHASES.*





# TRINIDAD WEST PROVIDERS

## DENTAL CARE

### **GENTLE DENTISTRY & IMPLANT CENTRE LTD**

#7 SADDLE RD, MARAVAL

[228-6725](tel:228-6725)

- *50% OFF EXAMS, 25% OFF X-RAYS, (NOT INCLUSIVE OF PANO) 5% OFF BASIC RESTORATIVE, NOT INCLUSIVE OF SPECIALITY SERVICES.*

### **LIFESTYLE DENTISTRY**

#5 CRYSTAL STREAM AVE, DIEGO MARTIN.

[633-9736](tel:633-9736)

- *10% OFF ALL SERVICES*

### **SIGNATURE DENTAL**

#7 ANGELINA ST, UNIT 1, ST. JAMES.

[622-8080](tel:622-8080)

- *12% OFF DENTAL SERVICES*

### **THE AVENUE DENTAL CLINIC**

#29 ST CLAIR AVE, PORT-OF SPAIN.

[350-0965](tel:350-0965)

- *10% OFF ALL DENTAL PROCEDURES*

# TRINIDAD WEST PROVIDERS

## HOSPITAL

### COMMUNITY HOSPITAL OF SDA

WMR, COCORITE.

[+1 \(868\) 235-5479](tel:+18682355479)

- 10% OFF ROOM CHARGES, 10% OFF LABS,  
5% OFF MEDICATION, 5% OFF X-RAY.



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& Affordable Health Care**



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- Trauma/Orthopaedics
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- Cardiology
- Oncology
- Urology Surgery
- General Surgery
- Rehab Services
- Pediatrics
- Laparoscopic Weight Loss Surgery
- Bariatric Weight Loss Surgery
- Behavioral & Mental Health Services
- Laparoscopic Procedures
- Specialist OBGYN Clinic
- Chronic Disease
- Out Patient Rehabilitation Services
- Ambulance Services



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[www.thecommunityhospital.com](http://www.thecommunityhospital.com)




# TRINIDAD WEST PROVIDERS

## ROVON HOME HEALTH

#1A, BEARD STREET, WMR, CARENAGE

[694-0866](tel:694-0866) / [755-7089](tel:755-7089)

- 10% OFF MEDICAL EQUIPMENT RENTAL, 5% OFF PROFESSIONAL NURSING SERVICES




Our Facility and Services are used by the most highly respected  
USA, UK and Canadian Certified Interventional Cardiologists  
and Electrophysiologists in Trinidad and Tobago

**10%** DISCOUNT ON ALL SERVICES FOR MEMBERS OF

**uniMED**


GROUP HEALTH PLANS

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- Diagnostic & Therapeutic Procedures
- Interventional Radiology & Neuroradiology
- Open Heart Surgery
- Heart Rhythm Tests



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800-PAIN

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(868) 628-4740 | [www.acicare.com](http://www.acicare.com)



# TRINIDAD WEST PROVIDERS

## MEDICAL CARE

**ADVANCED CARDIOVASCULAR INSTITUTE LTD**

#26 ANA ST, WOODBROOK. 

[+1 \(868\) 628-4740](tel:+18686284740)

- 10% OFF ALL SERVICES



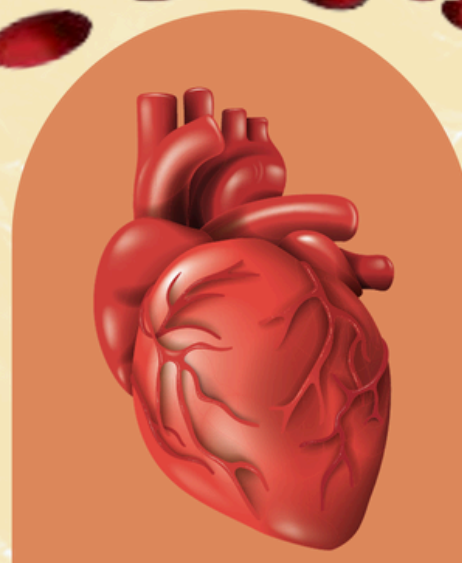
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GROUP HEALTH PLANS**

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628-4740(400)**

**WHATSAPP:  
782-4232**



# TRINIDAD WEST PROVIDERS

## DR. JILL ROBERTSON

#8 SADDLE RD, MARAVAL

[628-0106](tel:628-0106)

- 10% ON BASIC CONSULTATIONS FEES OF \$350, INTERNAL EXAMS, MNOR OFFICE PROCEDURES NOT INCLUDED IN DISCOUNT.

## BREATHE WELL AND LIVE LUNG LTD

#239 WESTERN MAIN ROAD, COCORITE, PORT-OF-SPAIN 

[754-1143](tel:754-1143)

- 5% OFF ALL SERVICES.



## FRACTURE & ORTHOPEDIC CENTRE LTD

#29A ST. CLAIR AVE, ST. CLAIR, PORT-OF-SPAIN.

[622-2122](tel:622-2122)

- 10% OFF DOCTOR VISITS

## INFINITY MEDICAL

#2 BADEN POWELL ST, WOODBROOK.

[622-5425](tel:622-5425) / [375-6158](tel:375-6158) / [672-8062](tel:672-8062) / [396-1382](tel:396-1382)

- 10% OFF ALL SERVICES

## PREMIER HEALTH CARE

#52 ANA ST, WOODBROOK.

[221-2408](tel:221-2408)

- 10% OFF ALL SERVICES

## ST. CLAIR M.R.I CENTRE

#11 HAVELOCK ST, CT CLAIR.

[628-9780](tel:628-9780)

- 10% OFF ALL SERVICES

## THE C.A.R.E CLINIC & MEDICAL CENTRE

#32 KITCHENER ST WOODBROOK

[628-2225](tel:628-2225)

- 5% OFF TOTAL VISIT

# TRINIDAD WEST PROVIDERS

## MEDICAL LABS

### **VERDURE HEALTH SOLUTIONS LTD**

#4A ALEXANDRA ST, ST CLAIR, PORT-OF-SPAIN

[782-3277](tel:782-3277)

- 20% OFF ALL BLOOD AND URINE TESTS.
  - 10% OFF HOUSE CALLS - INCLUDING BLOOD AND ACG.
- (DOES NOT APPLY TO SPECIAL OFFERS.)

### **BIO MEDICAL LAB**

#9 LONG CIRCULAR RD, ST. JAMES.

[374-2751](tel:374-2751) / [622-8450](tel:622-8450)

- 10% OFF ALL SERVICES

### **MEDICAL HEALTH CARE LAB**

#13 CARLOS ST, WOODBROOK.

[221-5150](tel:221-5150)

- 10% OFF ALL LAB SERVICES

### **RENEW STAR SERPENTINE**

#14 RUST ST, ST. CLAIR.

[622-7468](tel:622-7468)

- 5% ON ALL SERVICES

### **MRI OF TRINIDAD AND TOBAGO LTD**

#26 ANA ST, WOODBROOK. 

[226-4MRI \(4674\)](tel:226-4MRI(4674))

- 10% OFF ALL SERVICES



# TRINIDAD

## WEST PROVIDERS

### OPTICAL CARE

#### **20/20 OPTICAL**

#45 ANA ST., WOODBROOK, PORT-OF-SPAIN 

[232-9749](tel:232-9749)

- 5% ON FRAMES/LENSES + CONTACT LENSES EXCLUDING SERVICES. CANNOT BE COMBINED WITH OTHER PROMOTIONS



#### **OPTOMETRISTS TODAY**

THE FALLS AT WEST MALL, WESTMOORINGS

[633-2329](tel:633-2329)

- 20% OFF FULL SPECTACLES

#### **OPTICS PLUS**

#105 WMR, ST. JAMES.

[623-3040](tel:623-3040) / [675-5049](tel:675-5049) / [622-9833](tel:622-9833)

- 10% ON FRAMES AND LENSES

#### **FERREIRA OPTICAL LTD**

LEVEL 1, LONG CIRCULAR MALL, ST. JAMES.

[623-4054](tel:623-4054) / [7328](tel:7328)

- 15% OFF ALL EYEWEAR

### PHARMACIES

#### **ALI'S PHARMACY**

#131 TRAGARETE RD, WOODBROOK [628-9646](tel:628-9646),

WEST MALL [636-6960](tel:636-6960)

- 2.5% ON SELECT ITEMS

#### **ALPHA DRUGS LTD**

#161 DIEGO MARTIN MAIN ROAD, DIEGO MARTIN

[638-2231](tel:638-2231) / [638-2235](tel:638-2235)

- 5% PRECRIPTIONS, OTC DRUGS, PERFUMES, HAIR PRODUCTS

# TRINIDAD

## WEST PROVIDERS

### **BOURNES ROAD PHARMACY**

COR. CHURCH ST. AND BOURNES RD, ST. JAMES.

[622-3721](tel:622-3721)

- *5% OFF PHARMACEUTICALS*

### **FARRO'S PHARMACY LTD**

LONG CIRCULAR MALL, ST. JAMES.

[622-8562](tel:622-8562) / [628-4358](tel:628-4358)

- *5% OFF PHARMACEUTICALS & COSMETICS OFFICE PROCEDURES NOT INCLUDED IN DISCOUNT.*

### **W.M ALLUMS PHARMACY**

MAJUBA CROSS RD, PETIT VALLEY.

[637-5424](tel:637-5424)

- *10% ON PRESCRIPTIONS*

### **RANDALL PHARMACY**

#64 WMR, ST. JAMES.

[622-5613](tel:622-5613)

- *5% OFF DRUGS INCLUDED IN DISCOUNT.*

## HOUSEHOLD

### **RELIABLE APPLIANCE PARTS AND SERVICE LTD – ST. JAMES**

#161 WMR, ST. JAMES.

[622-1406](tel:622-1406)

- *10% DISCOUNT ON APPLIANCE PARTS AND REPAIRS, 5% DISCOUNT ON LARGE AND SMALL APPLIANCES.*



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the best brands, best  
parts and best service  
today!

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#### ARIMA

32F Pro Queen Street  
Tel: 664-0111

#### SAN JUAN

150 Lower Boundary Road  
Tel: 638-4754

#### ST. AUGUSTINE

107 Eastern Main Road  
Tel: 645-9526

#### ST. JAMES

161 Western Main Road  
Tel: 622-1406

#### CHAGUANAS

3 Caroni Savannah Road  
Tel: 672-6292

#### SAN FERNANDO

9 Cipero Street  
Tel: 657-4374

# TRINIDAD CENTRAL PROVIDERS

## DENTAL CARE

### **ADVANCED DENTAL CARE CENTRE LTD**

LP#18 CARONI SAVANNAH ROAD, CHAGUANAS



[665-6455](tel:665-6455)

- 10% OFF DENTAL PROCEDURES



### **CHAGUANAS DENTAL CLINIC**

#19 MAIN RD, CHAGUANAS

[665-6074](tel:665-6074)

- 10% OFF ALL DENTAL PROCEDURES

### **DR. FRANCO FAMILY DENTAL**

#128 CARONI SAVANNAH RD, CHARLIEVILLE, CHAGUANAS

[665-5137](tel:665-5137)

- 10% ON ALL SERVICES

### **GENTLE DENTISTRY & IMPLANT CENTRE LTD**

#35 RAMSARAN ST, CHAGUANAS

[228-6725](tel:228-6725)

- 50% OFF EXAMS, 25% OFF X-RAYS, (NOT INCLUSIVE OF PANO) 5% OFF BASIC RESTORATIVE, NOT INCLUSIVE OF SPECIALITY SERVICES.

### **ISLAND SMILES DENTISTRY LTD**

#4 SUMARIA TR. EAST CHARLIEVILLE, CHAGUANAS.

[362-5914](tel:362-5914)

- 50% OFF DENTAL EXAMS, 15% OFF DENTAL X-RAYS, 15% ON TEETH CLEANINGS AND POLISH, 40% OFF FLUORIDE TREATMENTS, 10% OFF FILLINGS, 5% OFF SURGICAL EXTRACTIONS, 5% OFF ROOT CANAL TREATMENTS, 5% OFF LAB PROCEDURES. (DENTURES/CROWNS/BRIDGES).

# TRINIDAD CENTRAL PROVIDERS

## ST. MARY'S DENTAL CLINIC

ST. MARY'S JUNCTION, FREEPORT

[673-4542](tel:673-4542)

- 10% OFF ALL DENTAL PROCEDURES

## TOOTH CARE DENTAL

NOEL ST, COUVA

[708-0009](tel:708-0009)

- 10% OFF ALL DENTAL PROCEDURES EXCEPT DENTURES, CROWNS, BRIDGES

## MEDICAL CARE

### WHITE SCIENCE T&T

#19 MAIN RD, CHAGUANAS.

[350-0965](tel:350-0965)

- 5% OFF FIRST TIME VISIT

### HEALTHNET CARIBBEAN - CUNUPIA

BLDG #3 LP 150 CHADEE LOHAR RD, MUNROE SETTLEMENT, CUNUPIA

[285-5642](tel:285-5642) / [4636](tel:4636)

- \$200 PER DOCTOR VISIT



### HEALTHNET CARIBBEAN - COUVA

LOT 82 CORNER BALMAIN & LALLA ROAD, COUVA

[285-4641](tel:285-4641) / [5642](tel:5642)

- \$200 PER DOCTOR VISIT



### FIRST CALL MEDICAL SERVICES

GLOBE CITY MALL, CHASE VILLAGE FLYOVER.

[325-8036](tel:325-8036)

- 15% OFF DOCTOR FEES/ USS PAP SMEAR.

# TRINIDAD CENTRAL PROVIDERS

## MEDICAL LABS

### **BIO Q LAB**

APT. F9, COUVA SHOPPING PLAZA.

[636-5871](tel:636-5871)

- SENIOR CITIZENS >60 = 15%, OTHER = 10%

### **INFINITY MEDICAL**

GLOBE CITY MALL, CHASE VILLAGE FLYOVER.

[622-5425](tel:622-5425) / [375-6158](tel:375-6158) / [672-8062](tel:672-8062) / [396-1382](tel:396-1382)

- 10% OFF ALL SERVICES

## OPTICAL CARE

### **VALUE OPTICAL**

#9 SMR, CHAGUANAS

[225-4865](tel:225-4865)

- 20% OFF FRAMES & 10% OFF LENSES

### **OPTOMETRISTS TODAY**

PRICE PLAZA SHOP#10, PRICE PLAZA, CHAGUANAS

[671-2329](tel:671-2329)

CENTRE CITY MALL, MAIN ROAD, CHAGUANAS

[672-2329](tel:672-2329)

- 20% OFF FULL SPECTACLES

### **CHOICE OPTICAL LTD**

SMR, CHAGUANAS

[624-6126](tel:624-6126)

- 10% OFF FRAMES & 10% OFF LENSES

# TRINIDAD CENTRAL PROVIDERS

## PHARMACIES

### **CHARLIEVILLE COMMUNITY PHARMACY**

#131 CARONI SAVANNAH RD, CHAGUANAS

[672-5748](tel:672-5748)

- *5% OTC ITEMS, 7.5% BOXES OF ETHICAL AND OTC ITEMS.*

### **HEALTHWISE PHARMACY**

LOT. 6A SMR, MC BEAN TR, COUVA

[223-7074](tel:223-7074)

- *3-5% OFF SELECT ITEMS*

## HOUSEHOLD

### **RELIABLE APPLIANCE PARTS AND SERVICE LTD – CHAGUANAS**

#3 CARONI SAVANNAH RD, CHAGUANAS

[672-6292](tel:672-6292)

- *10% DISCOUNT ON APPLIANCE PARTS AND REPAIRS, 5% DISCOUNT ON LARGE AND SMALL APPLIANCES.*

# TOBAGO

## OPTICAL CARE

### **EXPRESS OPTICAL**

CROWN POINT SHOPPING PLAZA, CROWNPOINT, TOBAGO.

[660-3727](tel:660-3727) / [631-0738](tel:631-0738)

- *10% OFF COMPLETE GLASSES NOT DISCOUNTED*

## MEDICAL CARE

### **TOBAGO MEDICAL HUB LIMITED**

**UNIT #3, SHIRVAN PLAZA, SHIRVAN ROAD TOBAGO**

[265-1575](tel:265-1575)

[798-1097](tel:798-1097)

[373-3214](tel:373-3214)

- *20% OFF SELECT SERVICES*

